

## The Full Estill Course

### Level 1

Participants will be given a practical grounding in vocal technique and vocal anatomy and physiology that will allow them to approach any vocal endeavour with confidence and skill. The Estill Model teaches voluntary differentiated control of specific parts of the vocal mechanism and an understanding of vocal function.

Each participant will receive individual feedback and monitoring to ensure that all concepts are understood and applied correctly.

The emphasis from the start will be on singing and speaking individually and as a group to reinforce technical ideas. Participants will learn techniques that will set them up for a career of safe voice work.

### Level 2

Participants will develop mastery of vocal qualities including Speech, Twang (nasal and clear), Falsetto, Opera and Belting. Applications to the singing voice will be practised. Hone your trouble shooting skills.

Each participant will receive individual feedback and monitoring to ensure that all concepts are understood and applied correctly. The emphasis from the start will be on voicing individually and as a group to reinforce technical ideas.

Classical, Contemporary and Music Theatre singing styles will be studied. Tuition will be via masterclasses, small group lessons and ensemble.

# the program



Jo Estill and Helen Tiller

**Helen Tiller & Associates**  
**Specialist Voice Consultants,**  
**Licensed Estill Practitioners**  
**Speech, Voice, Singing and**  
**Remediation**

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**HELEN TILLER & ASSOCIATES**

**Estill**  
**Compulsory**  
**Figures**  
**For Voice**  
**Levels 1 and 2**

Presented by

**Helen Tiller**  
**Helen Tiller & Associates**  
(Speech, Voice, Singing &  
Remediation)  
Certified Master Teacher  
Certified Course Instructor with Testing  
Privileges  
& Service Distinction  
Estil Voice International

And

**Jenny Caire**  
Certified Course Instructor  
Certified Master Teacher  
Estill Voice International

**Sydney Conservatorium of**  
**Music**  
**Macquarie St, Sydney**

**28 June to 2 July, 2010 Incl.**  
**9am to 5pm daily**

# Estill Levels 1 and 2

## Estill Compulsory Figures & Voice Qualities The Full Estill Course Levels 1 & 2

- A practical and interactive workshop aimed at giving students mastery of the Estill techniques.
- Learn differentiated voluntary control of the discrete structures of the vocal tract to enable a variety of different vocal qualities.
- Experience safe big-voicing techniques.
- Develop sound problem solving skills.
- Practical application of all techniques daily.
- Technical problem solving made easy.
- Masterclass during the final afternoon session.

Helen Tiller is recognised internationally as an expert in Estill Voice Training and has contributed to the updating and rewriting of the Estill material to bring workshop participants the latest in vocal science and technology combined with practical application of the science into the singing and speaking voice.

Helen Tiller has had an extensive performance career in music theatre, opera and TV. She works with professional music theatre companies, opera voices, broadcasters and actors and uses video-laryngoscopy biofeedback as a tool for voice remediation.

Jenny Caire originally trained and worked as an Occupational Therapist before meeting Jo Estill and Helen Tiller in 1997 in Melbourne. She has since participated in numerous workshops and became a Certified Master in 2004 and a Course Instructor in 2006. Jenny has performed principal soprano roles in musical theatre and has written her own cabaret show, My Luscious Life! She is the immediate past President of ANATS(Vic).

## COSTS -

Full fee \$900  
Student concession \$800

Special price for Sydney Conservatorium  
Students- see Maree Ryan

**Closing date for registrations &  
full payment required by:-  
Friday, 18 June 2010**

Registrations filling fast

**BOOK EARLY TO AVOID DISAPPOINTMENT.**

### Conditions

Helen Tiller & Associates & Jenny Caire reserve the right to cancel any course and refund monies if there are insufficient applicants. Should you withdraw from the course prior to the closing date \$150 of the course fee will be retained to cover administration costs. Should you withdraw from the course after the closing date \$200 of the course fee will be retained to cover administration costs. Withdrawal within 7 days of the course commencing is not refundable. Substitutions are welcome.

### Helen Tiller & Associates

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Jenny Caire  
Phone: 03 9890 5462  
Mobile: 0404 919 854  
Email: [jcaire@optusnet.com.au](mailto:jcaire@optusnet.com.au)

## registration form

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_ Post Code \_\_\_\_\_

Phone \_\_\_\_\_ (h) \_\_\_\_\_ (w)

Mobile \_\_\_\_\_ Fax \_\_\_\_\_

Email address \_\_\_\_\_

Occupation \_\_\_\_\_ Age \_\_\_\_\_

My interests are in: (tick as many as apply)  
Contemporary \_\_\_\_\_ Classical/Opera \_\_\_\_\_  
Music Theatre \_\_\_\_\_ Other \_\_\_\_\_

### Payment

I have enclosed a cheque/money order  
(payable to Jenny Caire)

Amount \$ \_\_\_\_\_

**Full Fee - \$900**

**Student Discount \$800**

**Please provide proof of full time Student Status**

Signature \_\_\_\_\_

Mail registration to:

Jenny Caire  
1/44 Shannon St  
Box Hill North 3129  
ABN 78 116 645 645

Sydney Enquiries:

Maree Ryan  
02 9351 1259

**All registrations must be received by:  
Friday, 18 June 2010**