

The Complete Estill Course

This complete course in Estill Voice Training is open to voice teachers, singers and speakers as well as singer/songwriters, music producers, dancers and all other voice users. Estill is craft for singers, like fingering for the pianist, the gym for athletes, ballet for dancers or grammar for language.

Learn basic anatomy, how the voice physically functions and how to control the components that change voice quality through kinesthetic perception and muscle training. Emphasis on aesthetic freedom and vocal safety across all styles and genres – from rock to opera, jazz to belting!

Level 1 – Compulsory Figures

In Level One, participants will accomplish a basic understanding of vocal anatomy and the physiology of the larynx. The students will be able to increase their kinesthetic perception and maximize their control over their “reed”-instrument. The scientifically researched figures or muscle training exercises allow the voice user to individually monitor, control and adjust all researched muscular structures involved in sound production and therefore safely produce any style or genre specific voice quality.

Each participant will receive individual feedback and monitoring to ensure that all concepts are understood and applied correctly. From the start, the emphasis will be on singing and speaking, both individually and as a group to reinforce technical ideas and ensure correct training of muscle memory.

Level 2 – Figure Combinations

During Level Two, participants will develop mastery of 6 archetype vocal qualities including Speech, Falsetto, Twang (nasal and oral), Sob, Opera and Belting. Additionally, contemporary, classical, and music theatre voice qualities will be studied in order to create a better understanding of how the work can be applied on stage, in the studio and in rehearsals. The client will be supplied with a toolbox of muscular skills, anatomically correct vocabulary and the confidence that anyone can train the muscles of their voice in order to achieve any aesthetic goal.

Finally, students will be able to participate in a master class in order to apply the tools learnt in a group/performance environment. Singers may present pieces of their own choosing, ideally with problems to be solved. There is no pre-requisite nor audition for this course.

the program

How does my voice work?

- Understand vocal anatomy and physiology
- Improve kinesthetic perception
- Master effort monitoring and muscle control
- Hone your trouble shooting skills
- Discover aesthetic freedom and vocal safety in any style or voice quality



The Voice Gym Pty Ltd
Specialist Voice Trainers,
Certified Estill Practitioners
Speech, Voice, Singing and
Remediation



Phone: 03 8502 0836 (The Voice Gym)
Mobile: 0402 393 630 (Gerald)
Email: info@thevoicegym.com.au



LEVEL 1&2

Compulsory Figures for Voice Control
Figure Combinations for 6 Voice Qualities

Presented by

Gerald Marko

Estill Course Instructor and
Master Teacher
Music Publisher, Producer and
Recording Artist

Naomi Eysers

Estill Course Instructor and
Master Teacher
Performing & Recording Artist

The Voice Gym Pty Ltd

@ Box Hill Senior College

Music Department

Dunloe Avenue

Mont Albert North, VIC 3129

(Parking available)

28th of June – 2nd July 2010

9am to 5pm Monday - Friday

The Voice Gym[®] Pty Ltd



Gerald Marko Naomi Eyers

the trainers

Austrian born **GERALD MARKO** is the director of The Voice Gym Pty Ltd and specializes in vocal education, artist self-development and music production. Besides being an ESTILL Course Instructor, Gerald holds a Diploma in Performing Arts and an Advanced Diploma in Linguistics, Literature and Journalism.

Between '98 and '04 he played lead roles in European professional musical theatre such as "CATS", "Saturday Night Fever", "Hair", "Buddy Holly" and "Falco Meets Amadeus". He performed in original and cover bands in Austria, Germany, Denmark and Australia, has an original song catalogue of over 600 tracks, plays guitar, bass, drums and piano, and is a published recording artist (Universal).

Since 2009, he is registered with the Victorian Institute of Teaching and is head of voice at the Box Hill Senior Secondary College in Melbourne and teaches vocal technique to the 2nd years in the Bachelor of Applied Music course at Box Hill TAFE.

NAOMI EYERS has been performing and recording for 30 years. She created cabaret group "The Fabulous Singlettes" in 1986 and went on to receive 'Pick of The Fringe' at Edinburgh Fringe & then London's West End with a nomination for Olivier Award. She has extensive recording and television experience both in Australia and abroad with BBC And Channel 4 specials, Royal Variety, as well as charting dance hits. She continues to tour Europe performing in cabaret and in concert s a jazz singer. Naomi studied Jazz Performance in Voice at Elder Conservatorium. She has led master classes at Guildhall School of Music in London, a lecturer in Voice & Singing at Flinders University and Centre for The Performing Arts in Adelaide and currently is the Lecturer in Voice at Contemporary Music Course at TAFE SA. She was introduced to Estill Vocal System in 2000 and it totally revolutionised her voice. Naomi became an Estill Master Teacher in 2006 and in 2010 achieved Certified Course Instructor status.

What's next?

- BASIC 4 (Recap & Application)
- Q&A for singing teachers
- MASTERCLASSES
- CERTIFICATION for teachers & therapists

Inquiries: info@thevoicegym.com.au

Limited places! Book now to secure a seat.

INVESTMENT:

Course Fee: \$990 (inc.GST)
Professional Development: \$880 (inc.GST)
 *(Students, Teachers, Therapists) (Including Manuals \$110)

Closing date for registrations & full payment required by:-
Monday, 21st June 2010

To secure a place, a deposit of **\$200** is required.
 (will be deducted from full payment)

Early bird special:

Bookings before Friday
30th of April will SAVE \$110 on course fee
 (Not available to professional development discount)

Conditions

The Voice Gym® reserves the right to cancel any course and refund monies if there are insufficient applicants. Should you withdraw from the course prior to the closing date \$150 of the course fee will be retained to cover administration costs. Should you withdraw from the course after the closing date \$200 of the course fee will be retained to cover administration costs. Withdrawal within 7 days of the course commencing is not refundable. Substitutions are welcome.

*If you are eligible for the professional development discounts please provide a valid student, teacher card or occupation credentials together with this form.

The Voice Gym® Pty Ltd

Voice Instructors and Performing Arts Teachers
 Certified Estill Practitioners
 Craft, Artistry and Performance Tuition
 for Vocalists in any style or genre

Phone: 03 8502 0836
Email: info@thevoicegym.com.au
Web: www.TheVoiceGym.com.au

registration form

Name _____

Address _____

_____ Post Code _____

Phone _____ (h) _____ (w)

Mobile _____ Fax _____

Email address _____

Occupation _____ Age _____

Recommended by: _____

How I heard about The Voice Gym: _____

My interests are in: (tick as many as apply)

Contemporary Classical/Opera
 Music Theatre Other

Payment

I have enclosed a cheque/money order

Amount \$ _____

Students/Teachers/Therapists **\$880**

Others **\$990**

Early bird special: (April 30th)

Please provide proof of full time Student Status

Signature _____

Mail registration to:

The Voice Gym Pty Ltd
117 Capital Avenue
Glen Waverley, VIC 3150

Cheque to: The Voice Gym Pty Ltd

Email registration to
gerald@thevoicegym.com.au

All registrations and payments must be received by:

Monday, 21st June 2010